NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ENGLISH****4 Credits** | * LA 9A
* LA 9B
 | * LA10A
* LA10B
 | * LA11A
* LA11B
 | * LA12A
* LA12B
 |
| **Social Studies****3 Credits** | * W History 1
* W History 2
 | * World History 3 OR 4H
 | * US Hist 11A
* US Hist 11B
 | * Am. Government
 |
| **Math\*****3 Credits** | * Year 1A
* Year 1B
 | * Year 2A
* Year 2B
 | * Year 3A
* Year 3B
 |  |
| **Science****2 Credits** | * Year 1A
* Year 1B
 | * Year 2A
* Year 2B
 |  |  |
| **Health and PE****2 Credits** | Health .5 Credit | PE | PE | PE |
| **Occ. Ed (CTE)****1.5 Credit** | .5 Credit | .5 Credit | .5 Credit |  |
| **Art****1 Credits** | .5 Credit | .5 Credit |  |  |
| **Electives****4.5 Credits** | .5 Credit | .5 Credit | .5 Credit | .5 Credit |
| .5 Credit | .5 Credit | .5 Credit | .5 Credit | .5 Credit |

\*Through Algebra 2 or above; Colleges want a quantitative course senior year

|  |  |
| --- | --- |
| OTHER REQUIREMENTS | TESTING |
| * Washington State History
 | * English SBAC
 |
| * PE Competency Test
 | * Math SBAC
 |
| * High School and Beyond Plan
 |  |
| \_\_\_/21 Total Credits | \_\_\_/60 Service Learning Hours |
|  |  |

Notes: If you successfully complete the IB Diploma, your HS requirements are considered complete.

See FAQs on the back of this worksheet.

**PE Waivers:** You can waive a .5 PE requirement by turning in a PE waiver (3 to waive all PE credit requirements). If you play an IHS sport, have your coach sign the form at the end of the season and turn it into the counseling office. If you play an outside sport, log 80 hours of practice **AND** competition and have your coach to sign and turn into the counseling office. You can also waive PE for health reasons, religious reasons, 4 years of band, or working to support your family.

**PE Competency Test:** If you take Personal Fitness you will meet this requirement. If not, we will call you in to take this test. It is a packet of information the district wants you to know. It is not graded, just marked for completion.

**Service Hours:** You need 60 hours of service learning (or community service). We have a form that documents where you’re doing your hours, and how many hours you’ve completed (one form per location). Get your supervisor to sign and turn into the office. If you’re doing the IB Diploma, you will complete CAS hours instead of these 60 hours.

**State Assessments:**

-PASS English SBAC: You will take your sophomore year

-PASS Math SBAC: You will take your junior year (or after you’ve completed Algebra 2)

-TAKE Science Standardized Test (WCAS): You will take your junior year.

Ms. Knutsen is our testing coordinator. If you get a note from her, you are needed for required testing!

**Washington State History:** If you did not complete, or pass, this in middle school, see Mr. Severns. There is a packet you must complete.

**Requesting Transcripts:** There is a form to request unofficial and official transcripts (whether for college or other programs). Ingraham does NOT mail transcripts. You request it, we prepare it, you mail it. You also must request any transcripts for online submissions.

**High School and Beyond Plan:** All students are required to have a HSBP. You will complete this throughout your 4 years in high school with your counselor- it will be marked complete your senior year.